



Family Services Australia Psychology

DIETETIC SERVICES

KALYNDA POWELL, APD REGISTRATION NUMBER APD015451

FSA Psychology are excited to be able to offer Dietetics services to consumers across the lifespan. Our Accredited Practising Dietitian and Clinical Psychology Registrar, Kalynda Powell, has immediate availability for dietetics consults from **7th February 2022**.

FSA Psychology's Dietetic service can be accessed via **GP Referral** (Enhanced Primary Care Plan or Eating Disorders Plan); **NDIS funding**; and **private payment**.



HOW KALYNDA CAN ASSIST:

Kalynda's dietetic experience spans across a range of areas, including work with children, adolescents, adults, and families. She has experience working in rural areas that experience difficulties with food availability, and with individuals from culturally diverse backgrounds. As a Clinical Psychology Registrar, Kalynda can also support individuals to understand how food can impact their mental health.

Kalynda is interested in working with individuals of all ages and can provide dietetic support in a range of different areas. These include:

- Food allergies and intolerances
- Picky or fussing eating and feeding difficulties
- Introducing solids
- Diabetes Type 1 & 2
- Disordered eating and eating disorders
- Nutrient deficiencies e.g., low iron
- Weight management, including weight gain or weight loss
- Gastrointestinal issues such as constipation
- Inflammatory Bowel Disease (IBS)
- High cholesterol
- Heart disease
- Healthy eating and wellbeing

COST:

- \$120.00 initial consult (60 minutes)
- \$100.00 for detailed followup consult (60 minutes)
- \$80.00 for brief followup consult (30 minutes)

*All sessions are eligible for a **\$55.10 Medicare rebate with a referral from your GP.***

NDIS rates are consistent with the above list. Health Insurance rebates may be eligible - please check with your Health Fund.

Telehealth consults (either via telephone or video consult) are available for all session types.



To refer to FSA Psychology or for info on our other programs please contact us

1800 372 000 [option 2]

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